

Voluntary Health Insurance for foreign students from non-EU states

Students from outside EU should visit us to sign voluntary health insurance agreement, in case of students from Wielkopolska or Poznań it is Wielkopolski Oddział Wojewódzki NFZ (National Health Fund) ul. Piekary 14/15, Poznań.

To sign the agreement - students should possess the document from university, which will prove their status of being a student and ID document (passport).

Next step is registration of the agreement with the Social Security Agency (ZUS) through submission of ZUS ZZA form filled in by the student within 7 days at the Social Security Agency.

Monthly contribution for students presently is PLN 55,80. Monthly payment of contributions to the Social Security Agency's account must be done not later than on the 15th day of each consecutive month for the preceding month, and sending the ZUS DRA settlement form to the Agency.

Students can terminate their agreement on the basis of written information submitted to the NFZ regional office.

The agreement is valid for the whole period until it's terminated by the student or until the lack of payment is bigger than a month.

PESEL number (statistic registration number)

PESEL is a citizen registration number. Using PESEL number instead of passport or resident card will definitely make using public health care much easier.

You can apply for it in Wydział Ewidencji Ludności, Urząd Miasta, ul. Libelta 16/20, Phone: 061-878-41-00

Health care in Poland

If you are entitled to health care under European Union rules on coordination of social security systems you can receive free health care services from health care providers who have contracts for health services with the National Health Fund (NFZ). The information about public health care providers is available in the competent regional branch offices of the NFZ. Health care providers are market with logo of the NFZ.

Treatment by a general practitioner

Go to a doctor who has a contract with the NFZ and show your proof of your health insurance: European Health Insurance Card or replacement certificate or copy of the agreement with last month proof of payment.

Primary health care comprises examination and consultation by a general practitioner. A doctor may also refer you to diagnostic tests, to a specialist or to a hospital.

Dispensaries are open from Monday to Friday, from 8 am to 6 pm. After 6 pm on workdays, as well as on Saturdays and Sundays and holidays 24-hour-care is provided by health units which have concluded contracts for this kind of services. Addresses and telephone numbers of health units providing 24-hour-care available in health care dispensaries.

In case of a sudden illness, accident, injury, intoxication or life threat, you will receive necessary medical benefits without a referral. You go to a doctor and show proof of your health insurance.

About a specialist

Generally you need a referral for a visit to the doctor who practices within the health care system. No referral is required by: gynecologist, dentist, venereologist, oncologist, psychiatrist.

About dentist

Free dental services are available only in the restricted scope. A list of free services and materials is available in the dentist surgery. You will have to cover costs of over standard services and materials on your own.

To planned treatment in hospital you need a doctor's referral. In case of emergency you can go without a referral. You show your European Health Insurance Card, Replacement Certificate or copy of the agreement with last month proof of payment. During stay in a hospital operations, diagnostic tests and medicines are provided free of charge. Transportation to a hospital; in emergency call an ambulance (dialing 999 or 112) or go directly to a hospital, emergency department (SOR). Ambulance transport in such cases is free of charge.

Medicines

A prescriptions can be issued by a doctor who practices within the public health care system or a doctor who does not practice within this system, but has concluded a contract with the Fund authorizing him to issue prescriptions. Prescribed medicines can be purchased: for a lump-sum price. In case of supplementary medicines you pay 30 or 50 % of the price of medicine. You will pay a full price in case of medicines which are not included in the reimbursed drug list.

Further information can be obtained at: phone no: 61-655-44-44, 800 190 590

kancelaria@nfz-poznan.pl

www.nfz-poznan.pl

www.zus.gov.pl