



Erasmus Student Network  
**Poznań**

*Students helping students*



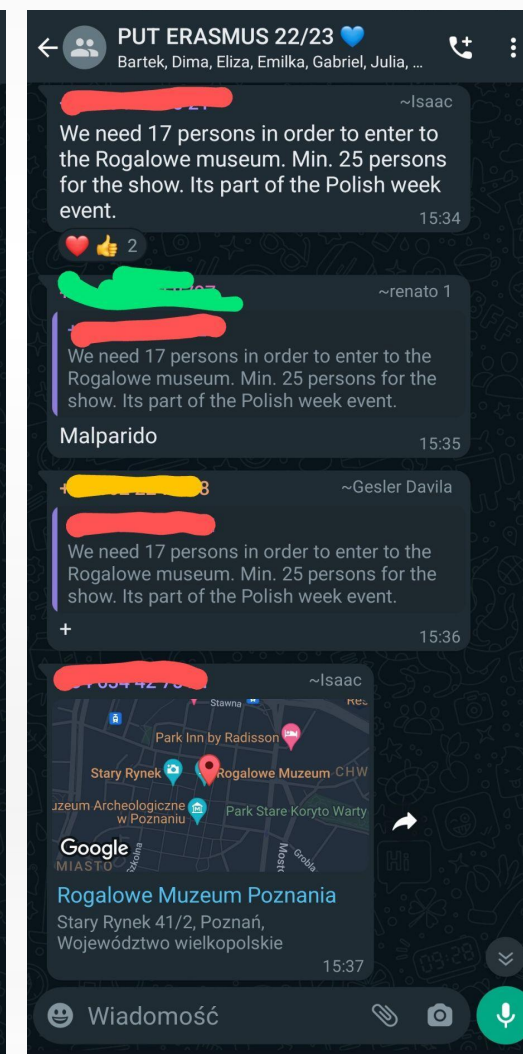
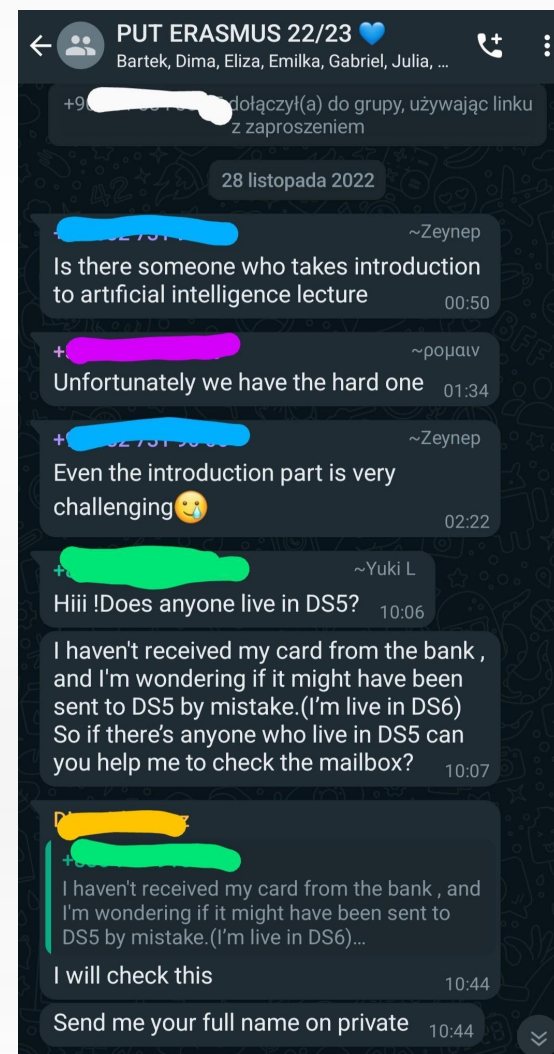
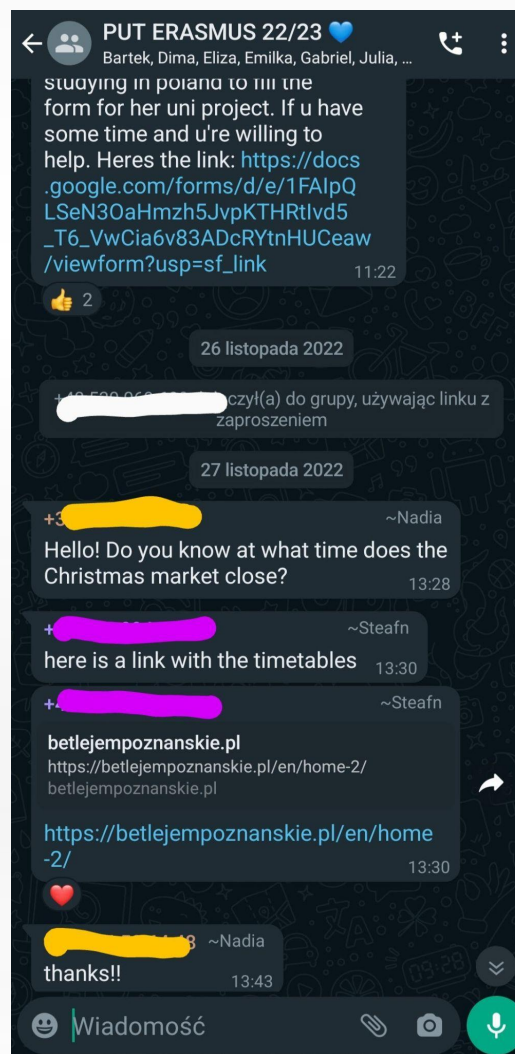
# Who are we?

ESN Poznań is a group of students, who got together to form an organisation, that aids foreign students in time of their exchange in Poland and to make their stay here more attractive.



# What do we do?

The first and basic step we take when contacting Erasmus students is to set up a group on WhatsApp. This is a space for them to solve problems and make contacts.





We run the **ESN Buddy program**. It consists of a virtual connection between a student from Poznań (Mentor) and a student coming under the Erasmus+ program (Mentee).

The Mentor's role is to be a direct and individual support for the Mentee. Depending on the needs, the Mentor picks up the Mentee from the airport/train station, helps analyze the schedule, shows him/her around the city, etc.



ESNcard is a card that certifies membership in the ESN network. It entitles you to discounts with our partners, which can be found at: <https://esncard.org/>

It is available to exchange students, Mentors and members of ESN organizations.



The first event where we meet foreign students is **Integration Week**. This is a series of daily events aimed at integration and getting to know Poznań. Traditionally, IW is held on the first week of the semester, with about 60-80 participants.





Each Integration Week may consist of different events, depending on how the organizational process goes from our side. From semester to semester we try to operate more efficiently and create more interesting events. Examples of IW activities include: Speed Friending, Karaoke, Roller Skates, International Dinner, Polish Evening, Board Games.





# INTEGRATION WEEK

**START**



**29/09**

Party in  
Pacha

**30/09**

Speedfriending  
Rollerskates

**01/10**

City Games  
Flanki

**02/10**

International  
Lunch and  
Cytadela Walk  
Cultural evening

**03/10**

Visit to  
museum  
Pub Crawl and  
party in Lokum

**04/10**

Palmiarnia  
8pool  
Prywatka night

**05/10**

Pub Quiz  
Party in House

**06/10**

BBQ on Warta  
Party in  
Pacha

**07/10**

Gniezno Trip  
(optional)

**08/10**

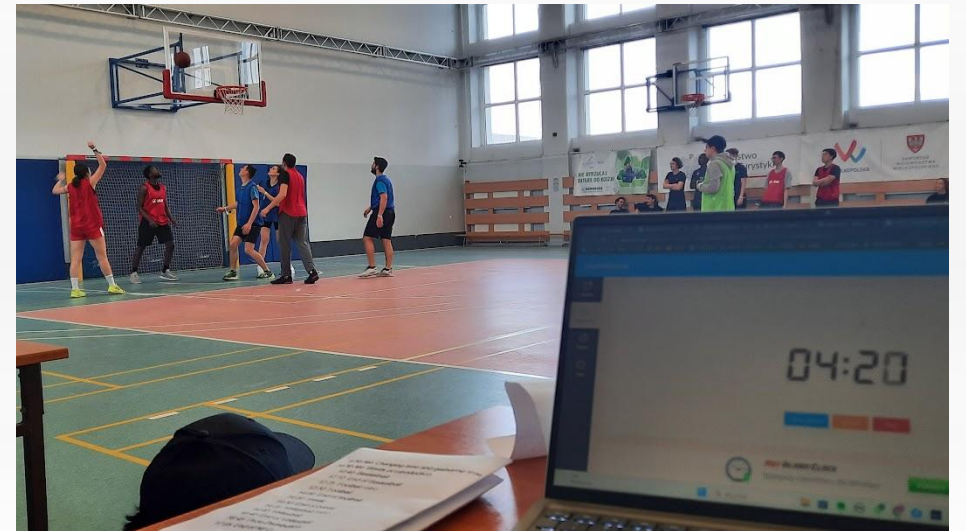
Football  
tournament



**GAME  
OVER**



In addition to the welcome event, we organize events during the semester.



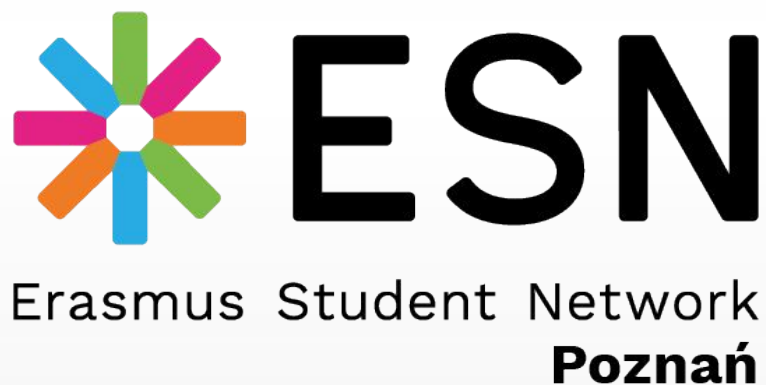


There are over 500 similar groups in 44 countries. In Poland there are 28 of them so far. In Poznań – 3. We're all connected in ESN brand.





# Our social media



**Facebook: [www.facebook.com/esn.poznan](http://www.facebook.com/esn.poznan)**

**Instagram: [www.instagram.com/esn.poznan/](http://www.instagram.com/esn.poznan/)**



# Thanks for your time :)

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