



Narodowy Fundusz Zdrowia

## Public Health Insurance

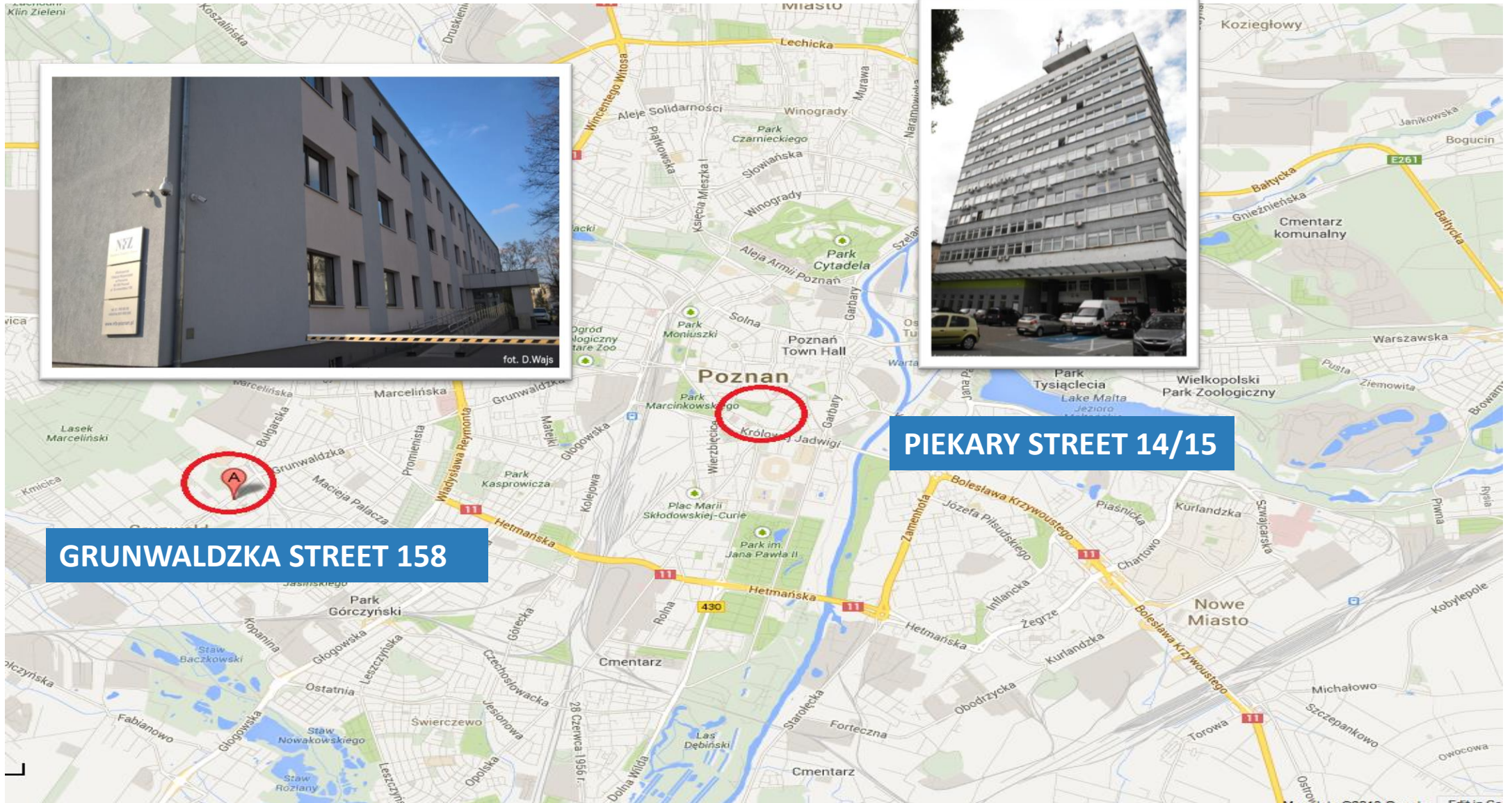
**ACCESS TO HEALTH CARE SYSTEM IN POLAND  
FOR FOREIGNERS**

# NFZ

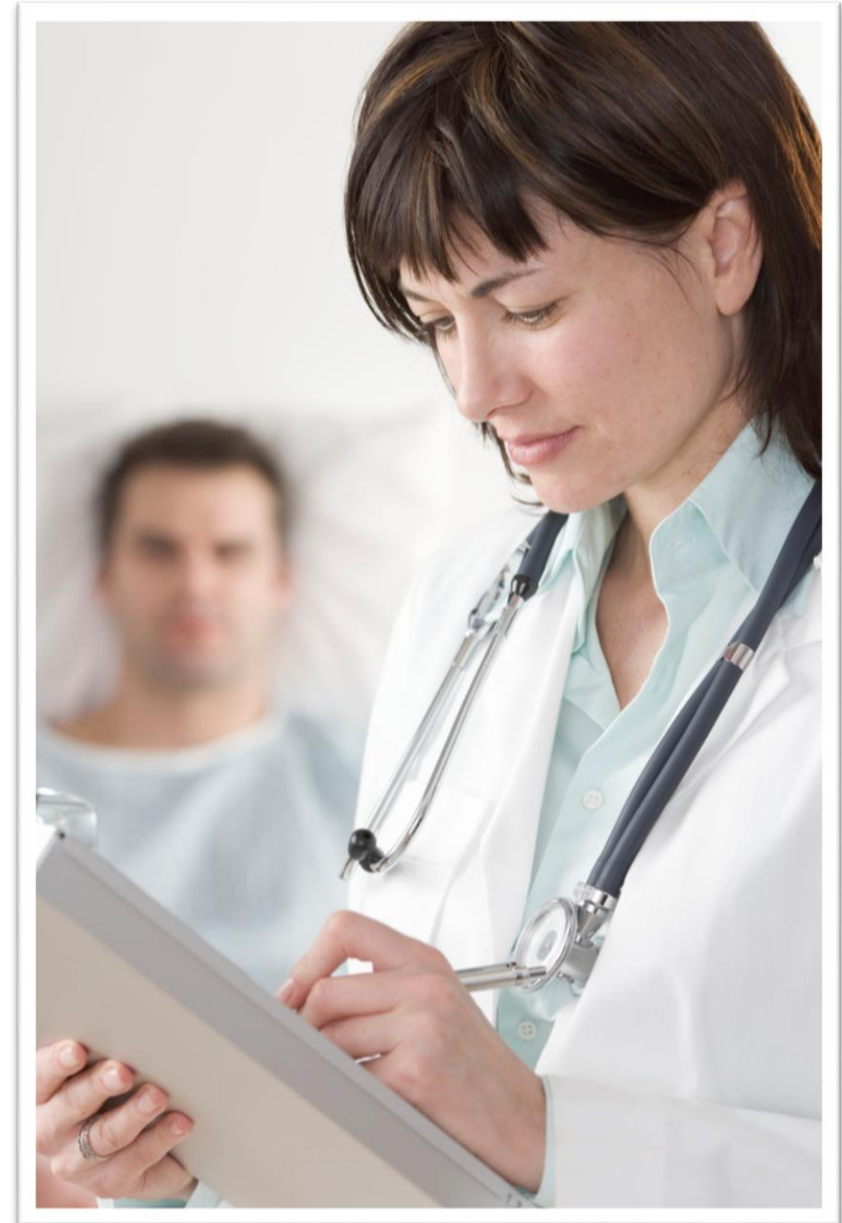
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# National Health Fund: offices in Poznań



# Health insurance for EU students



Source: [www.sxc.hu](http://www.sxc.hu)

# Student from outside the EU

## How to get public health insurance?



**NFZ**

Narodowy Fundusz Zdrowia

# STEP 1

## Signing an agreement with the NFZ

### ▶ Required documents:

- certificate issued by the Polish University
- passport or residence card
- document confirming the fact of residence in Poland

**61-823 Poznań, Piekary**  
**Street 14/15**



**61 / 655 44 44**



Source: [www.sxc.hu](http://www.sxc.hu)

# STEP 2

## Registration of the agreement with ZUS

(Zakład Ubezpieczeń Społecznych = Social Insurance Institution)

submission of **ZUS ZZA** form  
within **7** days

[www.zus.pl](http://www.zus.pl)

Poznań: Dąbrowskiego Street 12,  
Starołęcka Street 31,  
Fabryczna Street 27/28



61/ 841 60 00

The image shows a ZUS ZZA form, which is a declaration for registration with the Social Insurance Institution (ZUS). The form is titled 'ZUS ZZA' and includes sections for personal data, identification, and insurance details. It is a complex document with many fields for data entry.

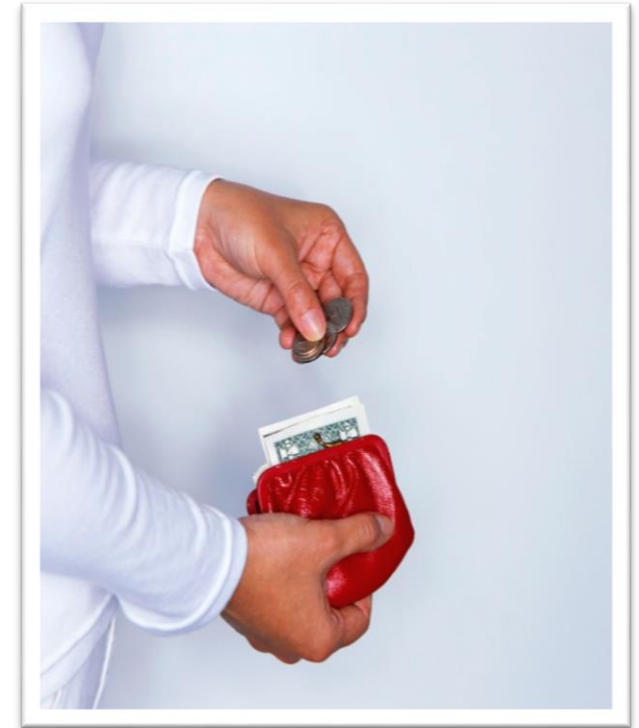
## STEP 3

# Monthly payment of contributions

Fee: **55,80 PLN** / per month

payment on **account of the Social Insurance Institution**

not later than on the **20<sup>th</sup>** day  
of each month for preceding month



Source: [www.sxc.hu](http://www.sxc.hu)



## STEP 4

# Termination of agreement

If you:

- finish your studies
- finish your stay in Poland
- start a job etc.

1. inform NFZ and declare termination of the agreement
2. Fill in **ZWUA form** and send it to the Social Insurance Institution

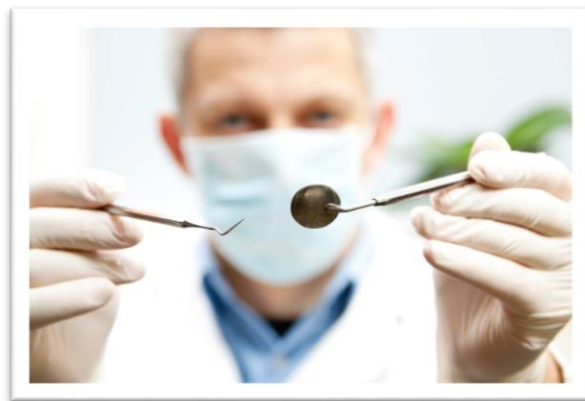
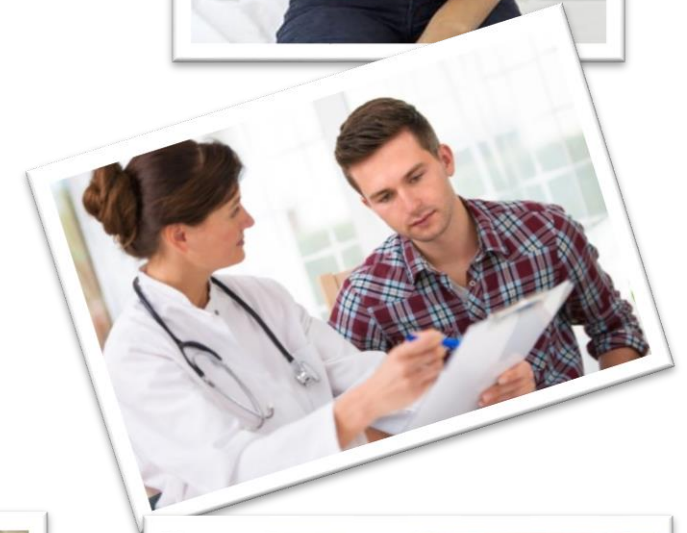


Source: [www.sxc.hu](http://www.sxc.hu)

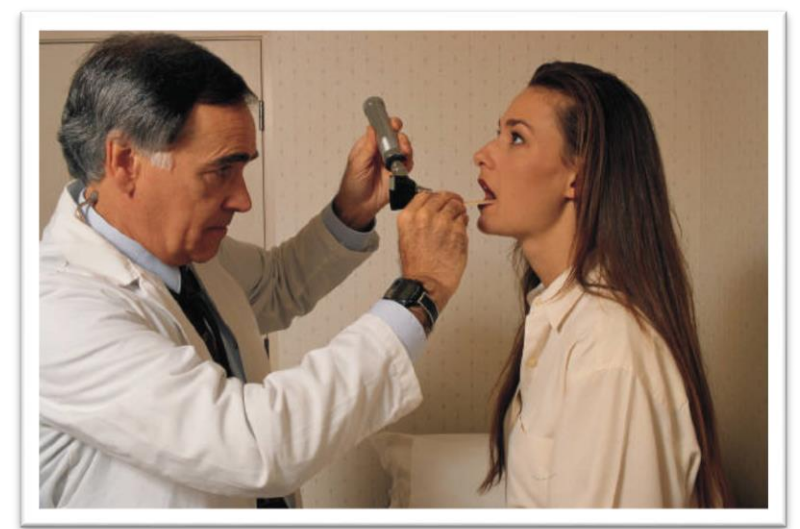
# Why NFZ?

The insured have access to:

- primary health care,
- specialized health care,
- hospital treatment,
- dental care,
- drug refund.



# At the doctor's:



Source: www.sxc.hu

## Take your proof of health insurance:

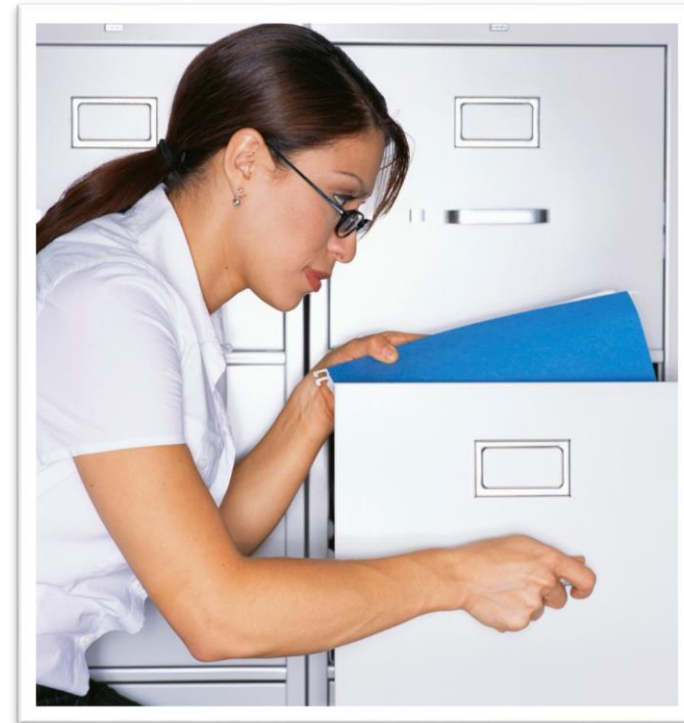
- the **European Health Insurance Card** (for UE citizens)



- or copy of the **agreement** with the last month **payment sheet**

# PESEL: Citizen Registration Number

- if you have it – use it!
- if you don't have it – use **passport** or **residence card number** instead



Source: [www.sxc.hu](http://www.sxc.hu)

**Department of Civil Affairs,  
Poznań, Libelta Street 16/20**

# If you have PESEL number

you can prove that you're insured  
via an electronic system called

**e-WUŚ**  
Elektroniczna Weryfikacja  
Uprawnień Świadczeniobiorców



# Primary and specialised Health Care

- choose your own General Practitioner (Family Doctor)
- Primary health care: Mon. – Fri.,  
8 a.m. – 6 p.m.
- after 6 p.m., on weekends and holidays:  
24-hour care provided by special units
- **referral** for specialised health care
- **without referral**: gynecologist, dentist,  
oncologist, venereologist, psychiatrist



Source: [www.sxc.hu](http://www.sxc.hu)

Thank you for your attention 😊



61/ 655 44 44

800 190 590

[kancelaria@poznan-nfz.pl](mailto:kancelaria@poznan-nfz.pl)

[www.nfz-poznan.pl](http://www.nfz-poznan.pl)

**NFZ**

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