



Narodowy Fundusz Zdrowia

Public Health Insurance

**ACCESS TO HEALTH CARE SYSTEM IN POLAND
FOR FOREIGNERS**

NFZ

Narodowy Fundusz Zdrowia



National Health Fund: offices in Poznań




GRUNWALDZKA STREET 158

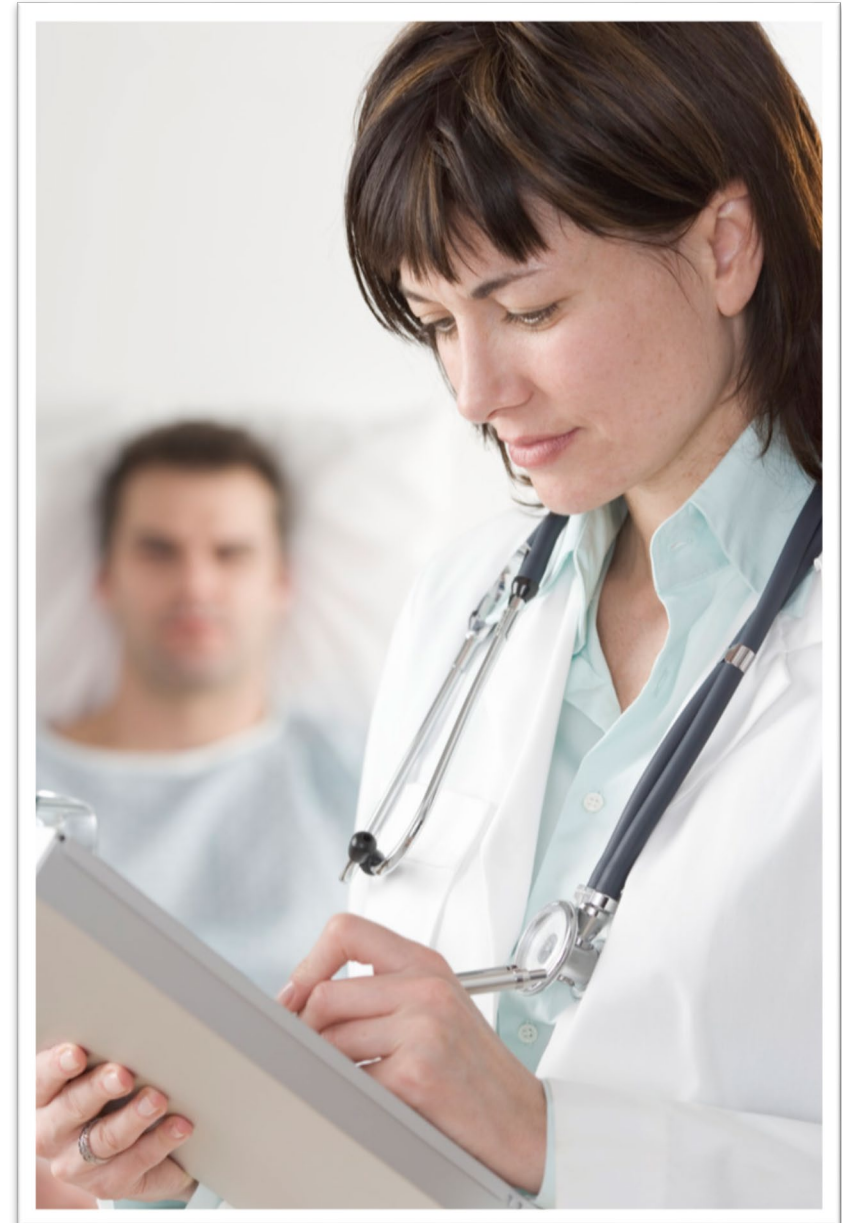


BARANIAKA STREET 88 D

Health insurance for EU students

EUROPEAN HEALTH INSURANCE CARD **E111** 

3. Name	Coltos		
4. Given names	Cosmin		
5. Date of birth	6. Personal identification number	1234567890	
30/06/2013	7. Identification number of the institute	90xxx - ABCD	
8. Identification number of the card	9. Expiry date	18/08/2020	
809021300700000000			



Source: www.sxc.hu

Student from outside the EU

How to get public health insurance?



NFZ

Narodowy Fundusz Zdrowia

STEP 1

Signing an agreement with the NFZ

▶ Required documents:

- certificate issued by the Polish University
- passport or residence card
- document confirming the fact of residence in Poland



Source: www.sxc.hu

STEP 2

Registration of the agreement with ZUS

(Zakład Ubezpieczeń Społecznych = Social Insurance Institution)

submission of **ZUS ZZA** form
within **7** days

www.zus.pl

Poznań:

- Dąbrowskiego Street 12,
- Starołęcka Street 31,
- Fabryczna Street 27/28



61/ 841 60 00
22/ 560 16 00

The image shows a sample of the ZUS ZZA form, which is used for reporting changes in health insurance data. The form is titled 'ZUS ZZA' and includes sections for personal data, identification, and insurance details. A large 'WZROK' watermark is visible across the form.

STEP 3

Monthly payment of contributions

Fee: **55,80 PLN** / per month

payment on **account of the Social Insurance Institution**

not later than on the **20th** day
of each month for preceding month



Source: www.sxc.hu

STEP 4

Termination of agreement

If you:

- finish your studies
- finish your stay in Poland
- start a job etc.

1. inform NFZ and declare termination of the agreement
2. Fill in **ZWUA form** and send it to the Social Insurance Institution

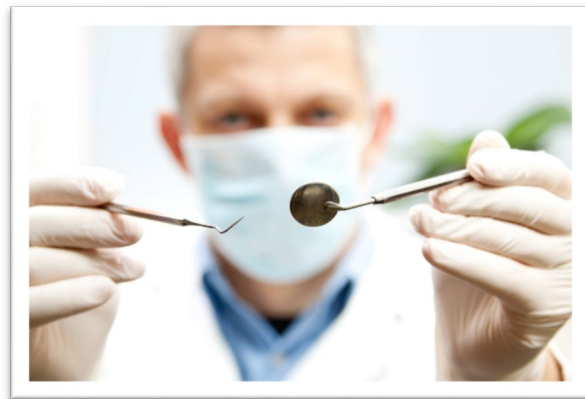


Source: www.sxc.hu

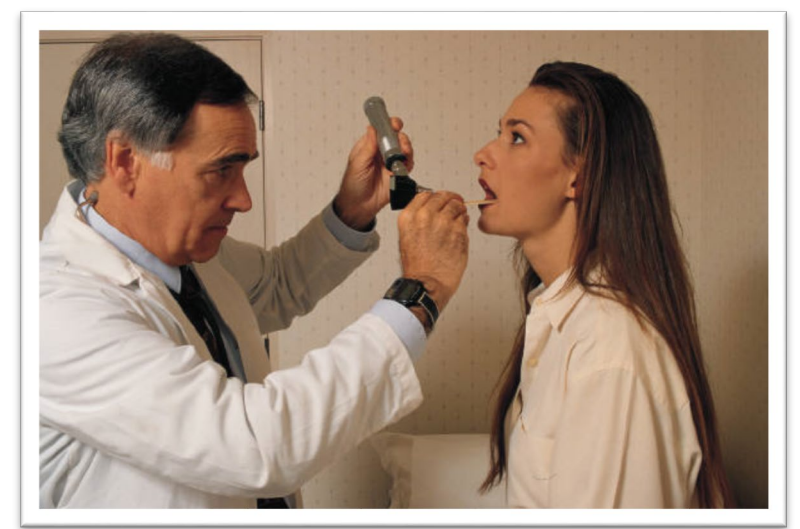
Why NFZ?

The insured have access to:

- primary health care,
- specialized health care,
- hospital treatment,
- dental care,
- drug refund.



At the doctor's:



Source: www.sxc.hu

Take your proof of health insurance:

- the **European Health Insurance Card** (for UE citizens)



- or copy of the **agreement** with the **last month payment sheet**

PESEL: Citizen Registration Number

- if you have it – use it!
- if you don't have it – use **passport** or **residence card number** instead



Source: www.sxc.hu

**Department of Civil Affairs,
Poznań, Libelta Street 16/20**

If you have PESEL number

you can prove that you're insured
via an electronic system called



Primary and specialised Health Care

- choose your own General Practitioner (Family Doctor)
- Primary health care: Mon. – Fri.,
8 a.m. – 6 p.m.
- after 6 p.m., on weekends and holidays:
24-hour care provided by special units
- **referral** for specialised health care
- **without referral**: gynecologist, dentist,
oncologist, venereologist, psychiatrist



Source: www.sxc.hu

Thank you for your attention 😊



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www.nfz-poznan.pl

NFZ

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