



Erasmus Student Network
Poznań

Students helping students



Who are we?

ESN Poznań is a group of students, who got together to form an organisation, that aids foreign students in time of their exchange in Poland and to make their stay here more attractive.

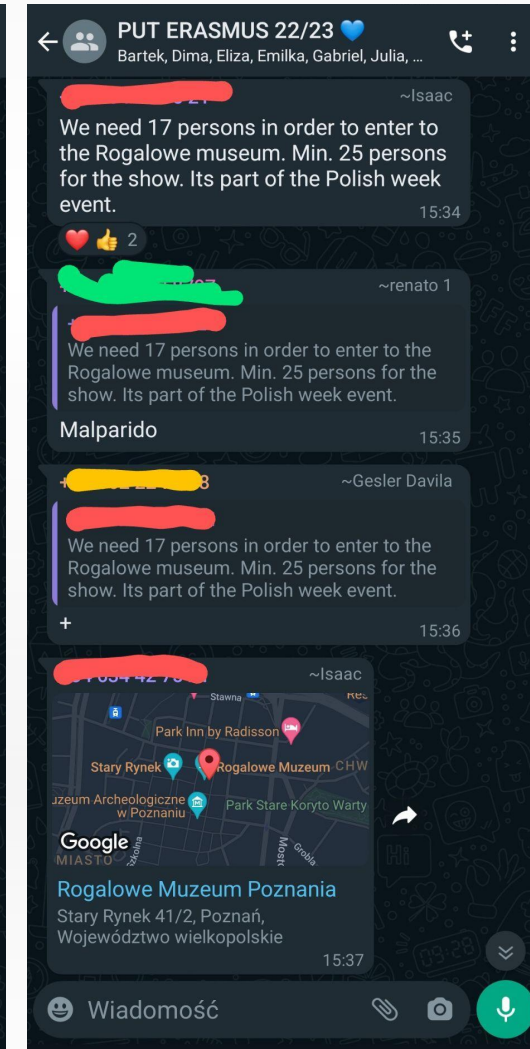
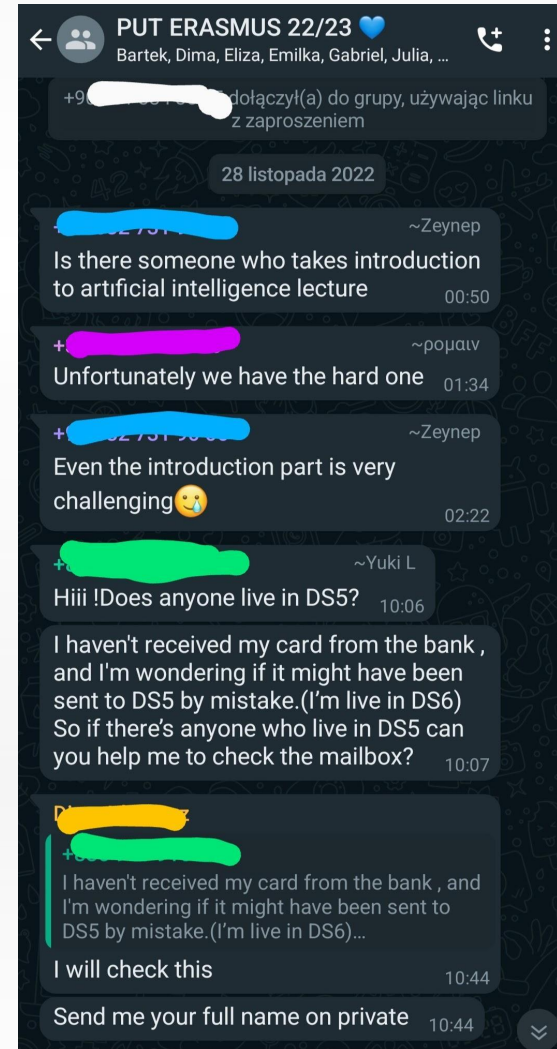


There are over 500 similar groups in 44 countries. In Poland there are 29 of them so far. In Poznań – 3. We're all connected in ESN brand.



What do we do?

The first and basic step we take when contacting Erasmus students is to set up a **group on WhatsApp**. This is a space for them to solve problems and make contacts.



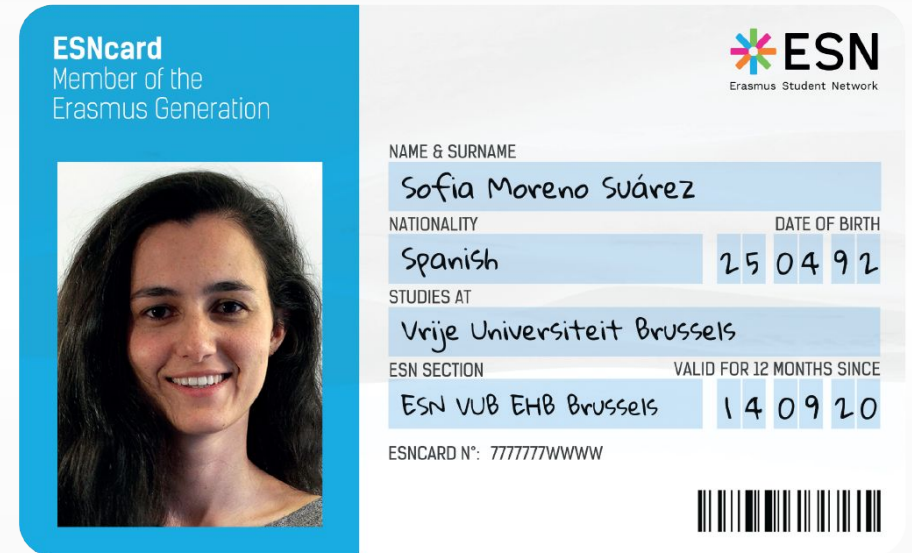
We run the **ESN Buddy program**. It consists of a virtual connection between a student from Poznań (Mentor) and a student coming under the Erasmus+ program (Mentee).

The Mentor's role is to be a direct and individual support for the Mentee. Depending on the needs, the Mentor picks up the Mentee from the airport/train station, helps analyze the schedule, shows him/her around the city, etc.



ESNcard is a card that certifies membership in the ESN network. It entitles you to discounts with our partners, which can be found at: <https://esncard.org/>

It is available to exchange students, Mentors and members of ESN organizations. Order it at: card.esn.pl



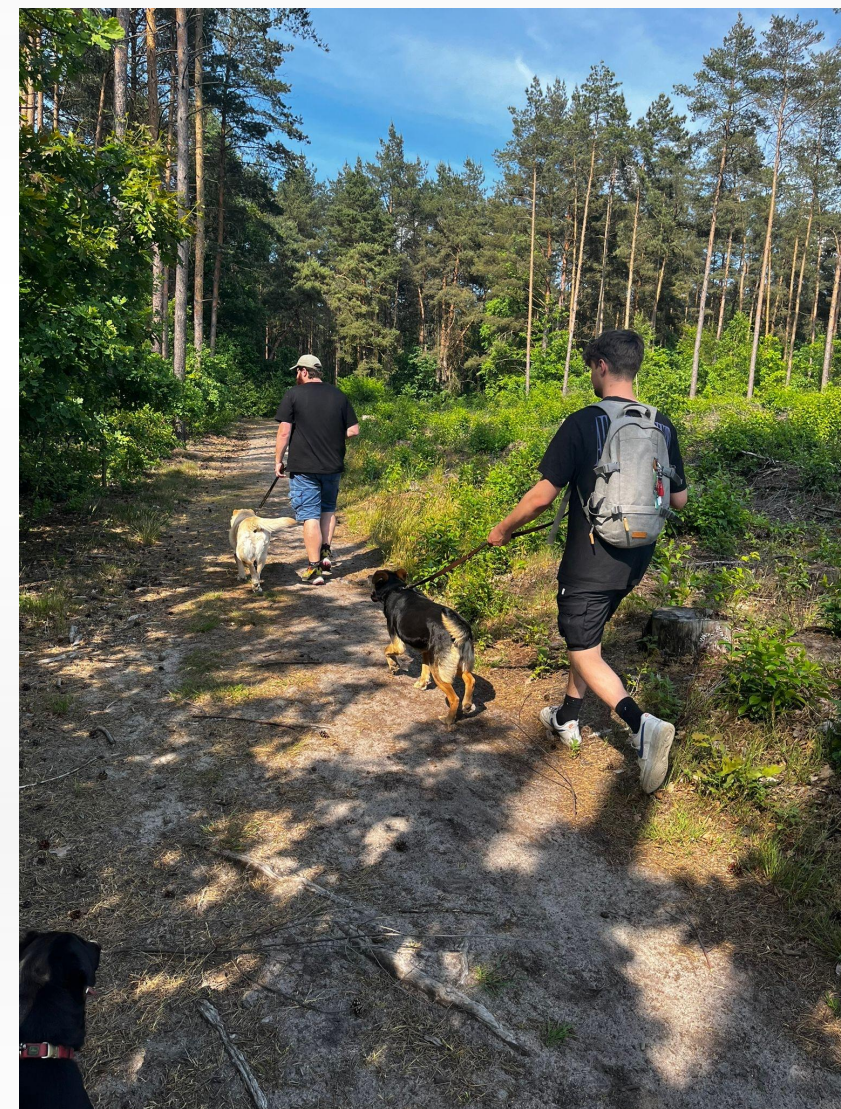
The first event where we meet foreign students is **Integration Week**. This is a series of daily events aimed at integration and getting to know Poznań. Traditionally, IW is held on the first week of the semester, with about 60-80 participants.



Each Integration Week may consist of different events, depending on how the organizational process goes from our side. From semester to semester we try to operate more efficiently and create more interesting events. Examples of IW activities include: Speed Friending, Karaoke, Roller Skates, International Dinner, Polish Evening, Board Games.



In addition to the welcome event, we organize events during the semester.



March

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
WELCOME DAYS						Toruń Trip
10	11	12	13	14	15	16
Cuba Libre		Beer Pong Prywatka	X-Demon	Pacha	LEG City Tour HAH	Winter Swimming
17	18	19	20	21	22	23
Escape Room Cuba Libre	Polish Language Workshop	Prywatka	Mugs Painting X-Demon	Bowling Pacha	PUT Campus Game HAH	
24	25	26	27	28	29	30
Laser Tag Cuba Libre	Polish Tradition of Welcoming Spring	Prywatka	X-Demon	Pacha	Warsaw Trip Flanki HAH	

LEG - Local Erasmus Games

- Days off / weekly event
- Trip
- Integration event
- Sport event
- Party event
- DIY / social / culture



Our social media

Facebook



www.facebook.com/esn.poznan

Instagram



www.instagram.com/esn.poznan



Thanks for your time :)

Questions?

Contact us: board.poznan@esn.pl

